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Newsletter #101

March 9th, 2017



Editorial

Dear Friends,

In this edition of our newsletter, we're pleased to share with you a new resource put together by the GMFH publishing team -- a document summarizing the latest research on gut microbiota and the gut-brain axis. Be sure to check out the summary editorial by Canadian gut-brain researcher and GMFH board member Premysl Bercik.

For further reading, we offer you an article summarizing the beneficial effects of resistant starch on host health and the possible mechanisms of action. Another article outlines the gut microbiota's possible involvement in the pathogenesis of ankylosing spondylitis, and a further one highlights a new study that may change views on how mode of birth affects the development of the infant microbiome in the first six weeks of life.

Our annual Gut Summit is now just days away! If you want to take part but can't make it to Paris on March 11th and 12th, don't worry -- you can still grab yourself a café au lait and follow the #GMFH2017 action from France via Twitter or live-streaming. See our article below for more details.

The GMFH publishing team

New GMFH document summarizes the latest research on gut microbiota & gut-brain axis

GUT MICROBIOTA & GUT-BRAIN AXIS

A selection of content from the
Gut Microbiota for Health 2016

January 2017

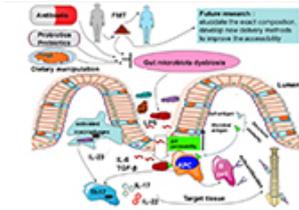




Beneficial effects of resistant starch for host health

Dietary fibre is a key nutrient for optimizing gut health and it has been previously documented that a fibre-deprived diet may have a negative impact on the colonic mucus layer and gut microbiota functionality. Resistant...

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Gut microbiota may be involved in the pathogenesis of ankylosing spondylitis

Previous research has shown that the gut microbiota may have a role in the pathogenesis of immune-related diseases involving chronic inflammation, such as rheumatoid arthritis, Crohn's disease, multiple sclerosis, and others. A recent review, led by...

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Study adds new insights regarding when and how infant microbiome develops in the first six weeks of life

Maternal microbiota, mode of delivery, type of infant feeding and other factors can influence the infant microbiota in the perinatal period. Microbiota composition in the neonatal period and beyond seems to have a relevant role...

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6th edition of Gut Microbiota for Health Summit's plenary sessions to be live-streamed from Paris

The 2017 Gut Microbiota for Health World Summit is quickly approaching! About 400 scientists and healthcare professionals (gastroenterologists, paediatricians, nutritionists and dieticians...) from five continents will converge in Paris (France) on March 11th and 12th...

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